

## Questions to ask yourself when sorting:

- Does this item bring me joy, <u>do I love it</u>?
- Will it <u>fit</u> in my new home (big things, ex. furniture)?
- Is it <u>relevant</u> to my new life style?
- Do I really <u>need</u> this, or do I just <u>want</u> this item?
- When was the last time I used this?
- Will I ever use it again?
- If broken, will I ever <u>fix it</u>?
- If super dirty, will I ever get it clean?
- Am I keeping this gift out of obligation, or because I really love it?
- Has the expiration date passed (food, cosmetics, medicine)?
- Do I have more of the same (ex, furniture polish, spatulas, vacuum cleaners, hair brushes)?
- What's the <u>WORST thing</u> that would happen if I did not keep it?
- Would it be <u>most appreciated</u> as a donation, sold, or given to family/friends?